

**Guam's Fourth Annual Conference on Substance
Use Disorders among Pacific Islanders
Time Zone Conversion Chart**

DAY ONE	Tuesday, September 26, 2023							Wednesday, September 27, 2023							
	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	6:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	12:00 PM	1:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	7:00 PM	8:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	10:00 AM	10:00 AM	11:00 AM
Break	1:00 PM	2:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	8:00 PM	9:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	11:00 AM	11:00 AM	12:00 PM
Concurrent Workshops	1:15 PM	2:15 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	8:15 PM	9:15 AM	10:15 AM	10:15 AM	10:15 AM	10:15 AM	11:15 AM	11:15 AM	12:15 PM
Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	9:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Movement Break	3:00 PM	4:00 PM	7:00 PM	8:00 PM	9:00 PM	10:00 PM	10:00 PM	11:00 AM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	1:00 PM	1:00 PM	2:00 PM
Concurrent Workshops	3:15 PM	4:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	10:15 PM	11:15 AM	12:15 PM	12:15 PM	12:15 PM	12:15 PM	1:15 PM	1:15 PM	2:15 PM
Break	4:15 PM	5:15 PM	8:15 PM	9:15 PM	10:15 PM	11:15 PM	11:15 PM	12:15 PM	1:15 PM	1:15 PM	1:15 PM	1:15 PM	2:15 PM	2:15 PM	3:15 PM
Plenary Session	4:30 PM	5:30 PM	8:30 PM	9:30 PM	10:30 PM	11:30 PM	11:30 PM	12:30 PM	1:30 PM	1:30 PM	1:30 PM	1:30 PM	2:30 PM	2:30 PM	3:30 PM
Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	12:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM

DAY TWO	Wednesday, September 27, 2023							Thursday, September 28, 2023							
	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	6:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	11:15 AM	12:15 PM	3:15 PM	4:15 PM	5:15 PM	6:15 PM	6:15 PM	7:15 AM	8:15 AM	8:15 AM	8:15 AM	8:15 AM	9:15 AM	9:15 AM	10:15 AM
Break	12:15 PM	1:15 PM	4:15 PM	5:15 PM	6:15 PM	7:15 PM	7:15 PM	8:15 AM	9:15 AM	9:15 AM	9:15 AM	9:15 AM	10:15 AM	10:15 AM	11:15 AM
Concurrent Workshops	12:30 PM	1:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM	7:30 PM	8:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM	10:30 AM	10:30 AM	11:30 AM
Break	1:30 PM	2:30 PM	5:30 PM	6:30 PM	7:30 PM	8:30 PM	8:30 PM	9:30 AM	10:30 AM	10:30 AM	10:30 AM	10:30 AM	11:30 AM	11:30 AM	12:30 PM
Movement Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	9:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Concurrent Workshops	2:30 PM	3:30 PM	6:30 PM	7:30 PM	8:30 PM	9:30 PM	9:30 PM	10:30 AM	11:30 AM	11:30 AM	11:30 AM	11:30 AM	12:30 PM	12:30 PM	1:30 PM
Break	3:30 PM	4:30 PM	7:30 PM	8:30 PM	9:30 PM	10:30 PM	10:30 PM	11:30 AM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	1:30 PM	1:30 PM	2:30 PM
Plenary Session	3:45 PM	4:45 PM	7:45 PM	8:45 PM	9:45 PM	10:45 PM	10:45 PM	11:45 AM	12:45 PM	12:45 PM	12:45 PM	12:45 PM	1:45 PM	1:45 PM	2:45 PM
Closing Remarks	4:45 PM	5:45 PM	8:45 PM	9:45 PM	10:45 PM	11:45 PM	11:45 PM	12:45 PM	1:45 PM	1:45 PM	1:45 PM	1:45 PM	2:45 PM	2:45 PM	3:45 PM
Conference Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	12:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM