## SAMHSA Technology Transfer Center Rural Health Resources

The Substance Abuse and Mental Health Services Administration (SAMHSA) Regional Technology Transfer Centers have developed a number of resources for Rural Community Service Providers.

This compiled list of resources include topics on Mental Health screening for farmers, farmworkers, and farm families in rural communities; challenges of Harm Reduction measures in tribal villages, Overcoming Barriers to Opioid Use Disorder Treatment in Rural Areas; Rural Impact on Stigma and Substance Use Disorder; and Coordination of Prevention Services for People Who Inject Drugs.

Title	Type of product	Description	Link
Ethics in a Rural Context: Principles & Decision-Making - Session One	Webinar	The first session, ethical decision-making and boundary management will be emphasized, along with a review of ethical principles that guide the process across service providers.	https://attcnetwork.org/centers/moun- tain-plains-attc/product/ethics-rural-con- text-principles-decision-making-session-one
Ethics in a Rural Context: Application & Case Studies - Session Two	Webinar	The second session of Ethics in a Rural Context: Application & Case Studies will be directly relevant to licensed professionals, with a focus on boundaries of competence.	https://attcnetwork.org/centers/moun- tain-plains-attc/product/ethics-rural-con- text-application-case-studies
Alcohol Is STILL a Drug Series Flipbook	Flipbook	Online flipbook for the Alcohol is STILL a Drug series. Alcohol is STILL a Drug is comprised of ten 30-minute videos recorded between September 2021–August 2022. Each video addresses the impacts of alcohol use disorder (AUD) and is presented by a leading professional in that field.	https://attcnetwork.org/centers/great-lakes- attc/product/alcohol-still-drug-series-flipbook

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Harm Reduction in Rural Alaska	Webinar	Alaska presents a unique challenge for access to harm reduction services; prior to 2016 only 3 urban SAPs serviced the state, which includes over 200 tribal villages spread over 650,000 square miles. Since then, innovative strategies such as a local volunteer run syringe access program (SAP) in Homer, a SAP at a rural tribal medical clinic in Bethel, and a mail order tribal harm reduction program out of Anchorage, have greatly expanded access to services throughout the state.	https://attcnetwork.org/centers/northwest-at- tc/product/harm-reduction-rural-alaska-we- binar
Supporting Recovery in Rural Communities: Engaging Faith Supports	Webinar	This webinar will provide highlight some of the challenges but more importantly strengths of rural communities that can be used to promote recovery. Strategies that could be employed to enhance support for those in recovery will be shared, particularly those that engage with faith supports and faith-based communities.	https://attcnetwork.org/centers/moun- tain-plains-attc/product/supporting-recov- ery-rural-communities-engaging-faith-sup- ports
Rural Intimate Partner Violence Survivors and Substance Use Disorders: Implications for SUD Treatment and Recovery Providers	Document	This document is a primer for providers of substance use disorder (SUD) treatment services to gain a deeper understanding of the intersection of intimate partner violence (IPV) and SUDs. It provides background information on IPV, describes how IPV and SUDs intersect, suggests how providers may integrate screening for IPV into their practice, provides suggestions for brief intervention with survivors, suggests further practice recommendations, and highlights multiple resources for further information on the subject matter. The material underscores the unique dynamics of working with survivors residing in rural areas and presents a case scenario of a woman living in a rural community with recommendations that are based on the limitations of available resources in rural areas.	https://attcnetwork.org/centers/moun- tain-plains-attc/product/rural-intimate-part- ner-violence-survivors-and-substance-use

Title	Type of product	Description	Link
Depression, Alcohol and Farm Stress: Addressing Co-Occurring Disorders in Rural America	Document	This guide provides resources specific to screening for co-occurring disorders experienced by farmers, farmworkers, and farm families in rural communities. Healthcare providers, behavioral health professionals, and social workers are facing increasing pressure to respond to a host of unmet substance use and mental health needs of rural communities. In response, with support from the Substance Abuse and Mental Health Services Administration (SAMHSA), the Mountain Plains ATTC and the Mountain Plains MHTTC have collaborated to release a resource guide to assist rural healthcare providers with screening and assessment of alcohol use disorder and depression. The guide uses a case scenario to illustrate the most common barriers encountered in identifying co-occurring disorders and underscores the unique needs of rural communities that are home to agricultural producers.	https://attcnetwork.org/centers/moun- tain-plains-attc/product/depression-alco- hol-and-farm-stress-addressing-co-occurring
Overcoming Barriers to Opioid Use Disorder Treatment in Rural Areas	Slide Deck	These Decks are intended to highlight a topic in 10 slides or less (similar to 'pitch decks' used in the business world to give a short summary of a company and its start-up vision). Unrestricted slide decks that include presenter notes and references will be available. Additional learning resources (e.g., original research articles, case studies, and learning exercises) will also be included when possible.	https://attcnetwork.org/centers/moun- tain-plains-attc/product/slidedecks4u-over- coming-barriers-opioid-use-disorder-0
Overcoming Barriers to Opioid Use Disorder Treatment in Rural Areas	Slide Deck	Safe prescribing - Access to naloxone to prevent overdose deaths - Medication Assisted Treatment (MAT) - The use of medications and behavioral therapies to treat substance use disorders and prevent opioid overdose.	https://attcnetwork.org/centers/moun- tain-plains-attc/product/slidedecks4u-over- coming-barriers-opioid-use-disorder-treat- ment

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Rural Impact on Stigma and Substance Use Disorders	Slide Deck	This 12-slide presentation focuses on the rural impact on stigma and how it relates to substance use disorders.	https://attcnetwork.org/centers/moun- tain-plains-attc/product/slidedecks4u-ru- ral-impact-stigma-and-substance-use-disor- ders
Addressing Prescription Opioid Misuse/Overdose Issues in Rural Areas	Slide deck	This presentation highlights addressing prescription opioid misuse/overdose issues in rural areas.	https://attcnetwork.org/centers/moun- tain-plains-attc/product/addressing-prescrip- tion-opioid-misuseoverdose-issues-rural
Coordination of Prevention Services for People Who Inject Drugs: Lessons from the Wisconsin Rural Opioid Initiative	Webinar	Fueled by the opioid epidemic, hepatitis C infections have increased dramatically in rural communities in the Great Lakes Region. Since 2017, a consortium of academic, public health and community-based partners have undertaken abroad research program in six rural Wisconsin counties. The research team has surveyed more than 800 people who inject drugs and interviewed diverse stakeholders working on the public opioid response to inform best practices for reducing the spread of HIV, hepatitis and preventing overdose. In this 60-minute webinar, Principal Investigator Dr. Ryan Westergaard will review lessons learned through this research and describe how the communities plan to move forward with implementation of a client-centered prevention service coordination intervention starting in late 2019.	https://attcnetwork.org/centers/great-lakes- attc/product/coordination-prevention-ser- vices-people-who-inject-drugs-lessons
Workforce Recruitment and Retention Part 3: Strategies for Rural Areas and Recruiting and Retaining Peer Support Workers	Webinar	This is the third webinar in a three-part series on workforce recruitment and retention in behavioral health, with a specific focus on the field of addictions. In this webinar, Dr. Christine Chasek, Director of the Behavioral Health Education Center of Nebraska, shares strategies for recruiting and retaining skilled behavioral health professionals to ruralareas. Dr. Michael Flaherty offers insight on recruiting and retaining peer support workers.	https://attcnetwork.org/centers/great-lakes- attc/product/workforce-recruitment-and-re- tention-part-3-strategies-rural-areas

Title	Type of product	Description	Link
Lessons Learned Report: Preventing and Reducing Stigma of Substance Use in Rural Communities	Report	This report shares the lesson learned in the Community of Practice.	https://pttcnetwork.org/centers/great-lakes- pttc/product/lessons-learned-report-prevent- ing-and-reducing-stigma-substance
Overdose Disparities Series: Rural and Urban Overdose Prevention Strategies in Illinois and Michigan	Webinar	This 60-minute webinar highlights overdose disparities in rural and urban populations, with an emphasis on the unique challenges associated with engaging diverse populations in these settings.	https://pttcnetwork.org/centers/great-lakes- pttc/product/overdose-disparities-series-ru- ral-and-urban-overdose-prevention
Health Equity in Prevention Part 1: A Definition in Rural and Remote Communities	Webinar	This session defines health equity and explore it as it relates to racial inequity and justice in rural and remote communities.	https://pttcnetwork.org/centers/north- west-pttc/product/webinar-health-equity-pre- vention-part-1-definition-rural-and-remote
Health Equity in Prevention Part 2: An Overview of a Health Equity Toolkit for Rural and Remote Communities	Webinar	The Health Equity Toolkit for Rural and Remote Communities was developed to support public health departments and other organizations doing health-related work to expand their internal capacity and institutionalize equity in their work. This session will explore the purpose of the toolkit, provide an overview of the content and approach, and will include an experience- based activity from the Toolkit.	https://pttcnetwork.org/centers/north- west-pttc/product/webinar-health-equity-pre- vention-part-2-overview-health-equity
Suicide in America's Heartland	Webinar	Suicide is a growing problem in America's rural communities. Learn more during this one-hour webinar.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/suicide-americas-heart- land
Addressing Suicide Disparity in Rural Communities	Webinar	This 4-hour seminar gave providers and anyone providing mental health support to individuals a working knowledge, resources, and community- based solutions for addressing suicide in rural communities. Participants learned about the signs and symptoms of suicide, the impact of stigma on seeking and maintaining treatment, the role of harm reduction, and suicide postvention for providers and families.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/addressing-suicide-dis- parity-rural-communities

Title	Type of product	Description	Link
Response to Suicide in Rural Communities: A Panel Discussion	Webinar	This panel discussed how some schools and communities are responding to this increasing epidemic and considerations specific to rural communities based on learned experiences. The targeted audience for this session was school mental health professionals and educators from Region 8	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/response-suicide-ru- ral-communities-panel-discussion
Supporting Rural Health Practitioners through Training, Practices and Resilience, Northwest Rural Health Conference   Recorded Conference Presentation	Webinar	This one-hour conference session discusses training and technical assistance for the rural mental health/behavioral health workforce.	https://mhttcnetwork.org/centers/ northwest-mhttc/product/supporting-ru- ral-health-practitioners-through-training-prac- tices
Interactive Data Map: Mental Health Workforce Shortages	Interactive Map	The Southeast MHTTC Data Visualization Project demonstrates the potential ways these factors intersect as well as areas where measures could be taken to remove barriers and improve mental health.	https://mhttcnetwork.org/centers/ southeast-mhttc/product/interactive-da- ta-map-mental-health-workforce-shortages
Mental Health Data: How does rurality impact mental health care access?	Interactive Map	Interactive map - Assessing the availability and accessibility of mental health services, in particular evidence-based practices, for rural residents can be challenging.	https://mhttcnetwork.org/centers/south- east-mhttc/product/southeast-mental-health- data-rurality-and-mental-health-care-access
Unique Considerations for Rural Behavioral Health Workforce Development	Slide Deck	learn how to overcome the unique challenges of rural practice and how to address these obstacles utilizing satellite locations based on BHECN's programming within rural Nebraska.	https://mhttcnetwork.org/centers/mid-ameri- ca-mhttc/product/slide-deck-unique-consid- erations-rural-behavioral-health
Let's Talk About Resilience: Overcoming Youth Mental Health Challenges in Rural Areas	Webinar	This webinar features experts who will address challenges faced in reducing barriers to mental health services in rural communities and share innovative ideas for bringing mental health services to youth. They will also address how social connections are crucial to eliminate the red tape and establish mental health services in these areas.	https://mhttcnetwork.org/centers/new-en- gland-mhttc/product/lets-talk-about-resil- ience-overcoming-youth-mental-health

Title	Type of product	Description	Link
Cultural Elements of Native Mental Health with a Focus on Rural Issues - Highlights & Key Concepts	Document	This document addresses the disparities in mental health care for Native populations in rural areas and how cultural elements can improve mental health care delivery.	https://mhttcnetwork.org/centers/north- west-mhttc/product/cultural-elements-na- tive-mental-health-focus-rural-issues
Supporting the Mental Health Needs of Students Attending Tribal Colleges	Webinar	Objectives: Identify the unique challenges encountered by college students from tribal communities; Discuss the importance of mental health and health equity related to students attending a tribal college; Develop outreach efforts including counseling services to support the mental health of students attending tribal colleges; Identify strategies to support the mental health needs of faculty and staff at tribal colleges	https://mhttcnetwork.org/centers/mid-ameri- ca-mhttc/product/slide-deck-supporting-men- tal-health-needs-students-attending
Supporting the Mental Health Needs of Students Attending Tribal Colleges	Slide Deck		https://mhttcnetwork.org/centers/mid-ameri- ca-mhttc/product/slide-deck-supporting-men- tal-health-needs-students-attending
Using Integrated Behavioral Health to Reduce Healthcare Disparities - Primary Care Behavioral Health Strategies Serving Rural Populations	Webinar	The presentation includes statistics and case examples highlighting how this approach covers gaps in our healthcare system and works towards true population health strategies. <u>Find out more about our integrated care</u> webinar series here.	https://mhttcnetwork.org/centers/north- west-mhttc/product/using-integrated-behav- ioral-health-reduce-healthcare-disparities
Equity Considerations in Rural Communities and Reservations	Webinar	Participants for this webinar will develop an understanding of mental health inequity in rural communities and reservations.	https://mhttcnetwork.org/centers/mid-amer- ica-mhttc/product/equity-considerations-ru- ral-communities-and-reservations-coming

Type of product	Description	Link
Webinar	This webinar will share best practices and lessons learned about creating permanent supportive housing programs for rural communities that meet SAMSHA fidelity guidelines. The presentation covers the philosophy, funding, and solutions for program challenges and potential next steps for interested communities.	https://mhttcnetwork.org/centers/mid-amer- ica-mhttc/product/roadmap-rural-perma- nent-supportive-housing
Slide deck		https://mhttcnetwork.org/centers/mid-amer- ica-mhttc/product/slide-deck-roadmap-ru- ral-permanent-supportive-housing
Webinar	This webinar series introduced a simple toolkit to help put suicide prevention protocols into place in a practice or clinic, and walked participants through the screening, assessment, and intervention phases of suicide prevention. Tips for addressing suicidal issues via telehealth were also included.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/suicide-prevention-ru- ral-primary-care-two-part-series
Webinar	COVID-19 has created additional stress on our rural and agricultural communities who were experiencing a host of stressors prior to the pandemic. Concerns about a possible increase in deaths by suicide and serving people with suicidal ideation are the source of increased distress among rural health and mental healthcare providers. This webinar offered tools for primary care providers working in rural areas to address these concerns.	https://mhttcnetwork.org/centers/moun- tain-plains-mhttc/product/rural-prima- ry-care-tools-and-resources-managing-sui- cidal
	Products and resources from the Mountain Plains MHTTC	https://mhttcnetwork.org/centers/mountain- plains-mhttc/rural-mental-health-farm-stress
Guide	This guide provides resources specific to screening for co-occurring disorders experienced by farmers, farmworkers, and farm families in rural communities.	https://mhttcnetwork.org/centers/moun- tain-plains-mhttc/product/depression-alco- hol-and-farm-stress-addressing-co-occurring
	Webinar Webinar Webinar	Webinar       This webinar will share best practices and lessons learned about creating permanent supportive housing programs for rural communities that meet SAMSHA fidelity guidelines. The presentation covers the philosophy, funding, and solutions for program challenges and potential next steps for interested communities.         Slide deck       Image: Solution of the provide provention protocols into place in a practice or clinic, and walked participants through the screening, assessment, and intervention phases of suicide prevention. Tips for addressing suicidal issues via telehealth were also included.         Webinar       COVID-19 has created additional stress on our rural and agricultural communities who were experiencing a host of stressors prior to the pandemic. Concerns about a possible increase in deaths by suicide and serving people with suicidal ideation are the source of increased distress among rural health and mental healthcare providers. This webinar offered tools for primary care providers working in rural areas to address these concerns.         Guide       This guide provides resources specific to screening for co-occurring disorders experienced by farmers, farmworkers, and farm

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Farm Stress: Facts, Impact of COVID-19, and Resource and Training Needs of Mental Health Care Providers	Facts Sheet	Feedback from providers and key stakeholders is included in this brief along with updated data related to farm stress and mental health implications.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/farm-stress-facts-im- pact-covid-19-and-resource-and-training
Co-Occurring Mental and Substance Use Disorders in Farming and Rural Communities: Assessment, Ethics, and Preventing Compassion Fatigue	Webinar	This webinar continued the conversation about co-occurring mental health and substance use disorders in farming and rural communities begun by Dr. Rebecca Roller and Dr. Maridee Shogren. In this follow up session Dr. Roller and Dr. Shogren provided additional information for using assessment tools to screen for co-occurring disorders in farming and rural populations, examined the unique ethical considerations created by providing care in small communities, and touched on ways to identify and prevent provider compassion fatigue	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/session-four-co-occur- ring-mental-and-substance-use-disorders
Rural Social Isolation and Loneliness: Rates, Importance, and Identifying Risk	Webinar	In this session, participants learned about loneliness and social isolation among older adults in rural and urban areas. Dr. Henning Smith reviewed existing data, what we know, how social isolation and loneliness are unique in rural areas, and how rural social isolation is a health and mortality risk factor.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/session-one-rural-so- cial-isolation-and-loneliness-rates
Approaching and Treating Co- Occurring Mental and Substance Use Disorders in Farming and Rural Communities	Webinar	This webinar discussed co-occurring mental health and substance use disorders in farming and rural communities. Speakers outlined the prevalence of mental health and substance use co-occurring disorders, linking research to real- world impact of these disorders.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/session-two-approach- ing-and-treating-co-occurring-mental-and

Title	Type of product	Description	Link
Improving Mental Health Care by Understanding the Culture of Farming and Rural Communities	Webinar	This webinar addressed the mental health crisis and unique stressors caused by COVID-19 within farming and rural/frontier communities. Presenters spoke to the ways health practitioners and community leaders should address stigma, stressors, mental risk factors, and provide treatment resources in these communities. Participants learned about improving mental health engagement and the unique aspects of providing services within these communities while also getting a "boots- on-the-ground" perspective on mental health care for farmers.	https://mhttcnetwork.org/centers/moun- tain-plains-mhttc/product/improving-men- tal-health-care-understanding-culture-farm- ing
Engaging with Clients Over the Telephone and Using Texts	Fact Sheet	This guidance can be applied to your work during the COVID-19 public health emergency, as well as when engaging with clients who may live in remote, rural, and otherwise difficult to access areas. Please note that it is best to talk with your agency's administration to determine any potential issues or concerns with providing remote services, including, but not limited to, HIPAA compliance, reimbursement, and authorizations.	https://mhttcnetwork.org/centers/north- east-caribbean-mhttc/product/engaging-cli- ents-over-telephone-and-using-texts
Building Capacity of Rural School Personnel through CoP	Slide Deck	Sarah Nielsen, Susan Bazyk, Tanja Brown, and Thomasine Heitkamp described a Communities of Practice (CoP) Model pilot project targeting implementation of a multi-tiered approach to address school mental health in six rural schools across three states.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/building-capacity-ru- ral-school-personnel-through-cop

Title	Type of product	Description	Link
Mental Health Supports for Children - Issues with Rural Delivery	Webinar	This webinar series discussed how research has shown that children with mental, behavioral, and developmental disorders and their families face personal, financial, and neighborhood challenges more often than families of children without these disorders. These challenges may make it harder for some parents to give their child the resources they need to thrive. The type of community that families live in, urban versus rural, may increase these challenges. She also addressed better access to mental health care for children and parents in rural areas.	https://mhttcnetwork.org/centers/new-en- gland-mhttc/product/c-tlc-mental-health-sup- ports-children-issues-rural-delivery
Rural Mental Health Disparities and Workforce Implications	Webinar	This webinar was part one in a series addressing rural mental health. As the first in the series, this webinar provided a basic introduction to rural mental health. Presenters discusses the definition of rural, rural demographics, and data on rural mental health and mental health disparities. Speakers also presented rural issues of access, acceptability, and availability of rural mental healthcare services.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/rural-mental-health-dis- parities-and-workforce-implications
Promoting Positive Mental Health in Rural Schools	Guide	This guide provides resources specific to addressing the unique mental health training and technical assistance needs of schools serving rural and remote communities.	https://mhttcnetwork.org/centers/moun- tain-plains-mhttc/product/promoting-posi- tive-mental-health-rural-schools
Housing for all in Rural Communities	Webinar	Jennifer Lopez discussed housing for all in rural communities with a focus on housing solutions for persons with mental health concerns in rural settings.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/housing-all-rural-com- munities
Together with Veterans: A Rural Veteran Suicide Prevention Program	Slide deck	Gina Brimner spoke to the Together With Veterans Program. Together With Veterans targets rural populations and empowers Veterans to lead community-based and evidence-informed planning efforts to address Veteran suicide locally and discuss implementation strategies.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/together-veterans-ru- ral-veteran-suicide-prevention-program

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Assertive Community Treatment Fidelity and Rural Considerations	Webinar	Dr. Hannah Koch discussed how to tweak the Assertive Community Treatment model to make it work in a rural setting.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/assertive-communi- ty-treatment-fidelity-and-rural
School Mental Health Toolkit	Tool kit	This toolkit is a blueprint for school mental health services and will guide community members, schools, local leaders, and districts through 10 best practices, including strategies for implementing, funding, and sustaining mental health services in both rural and urban schools.	https://mhttcnetwork.org/centers/mountain- plains-mhttc/product/school-mental-health- toolkit

## Additional Resources (Not from TTCs)

Title	Type of product	Description	Link
Rural Community Action Guide	Guide	Guide is a compilation of qualitative data collected from numerous community organizations, and data arranged by category. The guide aims to educate the public by providing an overview of the key challenges rural communities face when addressing the consequences of prescription opioid misuse and the use of illicit substances. It also showcases localized efforts implemented to help mitigate the impact of substance use disorder.	https://www.usda.gov/sites/default/files/doc- uments/rural-community-action-guide.pdf
Rural Community Toolbox	Website	Federal resources that can help rural communities become strong, healthy, prosperous, and resilient places to live and work.	https://www.ruralcommunitytoolbox.org/

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Behavioral Health in Rural America: Challenges and Opportunities	Publication	This paper discusses the effects of long-standing rural shortages of specialty BH services, the rural challenges of long travel distances to obtain treatment, and the impact of stigma and cultural/ societal attitudes on efforts to ensure access to the full range of BH services in rural areas.	https://rupri.org/wp-content/uploads/Behav- ioral-Health-in-Rural-America-Challeng- es-and-Opportunities.pdf
Improving Behavioral Health Services for Individuals with SMI in Rural and Remote Communities	Report	The purpose of this report is to provide a resource for providers and policymakers working in rural and remote areas to improve the availability, accessibility, and acceptability of behavioral health care for individuals with SMI	https://smiadviser.org/wp-content/ uploads/2021/09/Improving-Behav- ioral-Health-Services-for-Individu- als-with-SMI-in-Rural-and-Remote-Commu- nities-Full-Report-September-2021.pdf
Mental Health in Rural Communities Toolkit	Tool Kit	The toolkit compiles evidence-based and promising models and resources to support organizations implementing mental health programs in rural communities across the United States, with a primary focus on adult mental health. The modules in the toolkit contain resources and information focused on developing, implementing, evaluating, and sustaining rural mental health programs.	https://www.ruralhealthinfo.org/toolkits/men- tal-health
Providing Peer Support in a Rural Environment	Webinar	This webinar takes a look at rural Montana and gives an overview of the current status of certified peer support in the state. It also covers the challenges of a large state with a low population, such as distance, workforce development, outreach, and stigma/culture, as well as strategies to overcome these difficulties.	https://smiadviser.org/knowledge_post/we- binar-providing-peer-support-in-a-rural-envi- ronment or https://www.youtube.com/ watch?v=p1aaB2I2S6s
Implementation of Coordinated Specialty Services for First Episode Psychosis in Rural and Frontier Communities	Fact Sheet	This fact sheet presents strategies for delivering core CSC components in rural and frontier settings to address these difficulties.	https://www.nasmhpd.org/content/ fact-sheet-implementation-coordinated-spe- cialty-services-first-episode-psychosis-ru- ral-and

Title	Type of product	Description	Link
Providing Peer Support in a Rural Environment	Webinar	People living in rural communities often have limited access to mental health care services. The behavioral health peer support movement has helped fill some of these service gaps, but there are still challenges in providing peer support in rural or frontier areas. This webinar will take a look at rural Montana and give an overview of the current status of certified peer support in the state. It will also cover the challenges of a large state with a low population, such as distance, workforce development, outreach, and stigma/culture, as well as strategies to overcome these difficulties.	https://mhanational.org/events/provid- ing-peer-support-rural-environment.
Tailoring Crisis Response and Pre-Arrest Diversion Models for Rural Communities	Guide (SAMHSA Product)	This action brief provides rural communities recommended strategies for adapting promising or proven interventions to better support crisis response and pre-arrest diversion in their communities. It is the first of three briefs developed from the SAMHSA Pre-Arrest Diversion Expert Panel.	https://store.samhsa.gov/product/Tailor- ing-Crisis-Response-and-Pre-Arrest-Di- version-Models-for-Rural-Communities/ PEP19-CRISIS-RURAL